

All races start near the statue of **Lincoln The Debater** in Taylor Park, 900 East Stephenson Street, Freeport, IL.

**KIDS RACES (9:30 a.m.)**

A series of short distances for children  
8 & under - 100 Yards; 9-10 – 200 Yards;  
11-12 – 400 Yards

**All finishers receive ribbons**

The boy and girl winners of each age group will run a 100-yard dash following the 5K to determine...

**THE FASTEST KID IN TOWN!**

**ONE MILE FUN RUN (8:05 a.m.)**

The course consists of one loop around the historic paved road inside Taylor Park. **This is an untimed fun run.**

**5K RACE (8:20 a.m.)Wave Start\***

Course: The course consists of three loops around the historic paved road inside Taylor Park – a 5K (3.1 miles), wheel-measured, certified course that is flat and fast designed to help you achieve a personal best. **\*Possible**

**5K AGE GROUPS/AWARDS**

Male and Female—1<sup>st</sup>,2<sup>nd</sup>,3<sup>rd</sup> - Overall, 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over.

**WATER/AID:** Water on the course; water and light refreshments will also be provided at the finish line.

**SHIRTS/PREMIUMS**

All pre-registered **5K entrants** are guaranteed a quality tee shirt. Shirts provided to race day **5K registrants**, if available. Sponsored goody bag by Road ID and other sponsors to all.

**Packet Pick-up**

Race packets for pre-registered entrants may be picked up at the Freeport Family Y on Highland CC Campus Friday, August 13<sup>th</sup>, 8:00 am- 5:00 pm.

**Race Day Registration and Packet Pick-up** at Shelter near Start/Finish Line inside Taylor Park at 900 East Stephenson Street, Freeport 6:45 to 7:45 am

**ENTRY FEES:**

- 5K** Received by August 9<sup>th</sup> ..... \$ 25
- Entries received after August 9<sup>th</sup> ... \$ 35
- Under 18..... \$ 15
- Rockford Road Runner (Early Only) \$22.50
- Rockford Wildcats (Early Only)..... \$13.50

- MILE FUN RUN** by Aug 9<sup>th</sup> \$ 10.
- RRR&RW (Early Only by Aug 9th) \$ 8,
- Late (After August 9<sup>th</sup> ) \$ 12.

**KIDS RACES.....\$2**

Complete and sign registration form.

**Send entry form portion and check payable to “Family YMCA of NW IL.”**

# EIGHTEENTH ANNUAL LINCOLN DOUGLAS RACES FREEPORT, ILLINOIS

**Saturday, August 14, 2021**  
8:00 a.m.

5K Race, Mile Fun Run  
Kids Races  
The Fastest Kid in Town



## Benefits United Way Agencies of Northwest IL

**Location: Taylor Park**  
900 East Stephenson Street  
Freeport, IL



The Lincoln-Douglas 5K is a 2021  
Rockford Road Runners Circuit Race  
[www.rockfordroadrunners.org](http://www.rockfordroadrunners.org)

**Disclaimer:** The Lincoln Douglas 5K/Fun Run will take place rain or shine. Organizers reserve the right to cancel the event should weather pose a danger to the safety of the participants and volunteers. Entry fees are not refundable and will be considered a donation to Family Y of NW IL or a United Way Charity if race is cancelled.

**Mail or Drop off Entry until  
Thursday, August 12<sup>th</sup>, 12 Noon**

**To:  
Family Y of Northwest Illinois  
2998 W. Pearl City Road Freeport,  
IL 61032**

**Register for 5K on line at:**

Run Signup at  
<https://runsignup.com/Race/IL/Freeport/LincolnDouglas5KandFunRun>

**Register Race Day at  
Taylor Park**

**6:45 am to 7:45 am**

**Visit our web site at:**

**[www.lincoln-douglas5k.com](http://www.lincoln-douglas5k.com)**

### RUN ALL 5 Freeport, IL Races

<b>SPRING CHICKEN</b>	05.01.21
Family Y 9:00am	
<b>PRETZEL CITY 5K</b>	06.26.21
Krape Park 8:00am	
<b>FHN Healthy Heart Hustle</b>	07.17.21
Burchard Hills 8:00am	
<b>LINCOLN DOUGLAS 5K</b>	08.14.21
Taylor Park 8:00am	
<b>COLBY SMITH MEMORIAL RUN</b>	
St.Thomas Church 8:00am	08.28.21

**Circle Event You Are Entering (One Event Per Application) 5K Race - One Mile - Kids Race**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on Race Day \_\_\_\_\_ Sex M / F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

E-mail address: \_\_\_\_\_

T Shirt for 5K Only ... Size----Circle One: Youth: Large Adult: S M L XL XXL

Entry Fee \_\_\_\_\_ RRR/Wildcat Promo Code \_\_\_\_\_

**WAIVER:** In consideration of this entry, I, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims to photos or for damage I may have as a result of my participation in this athletic contest. I release and hold harmless the sponsors, hosts, Freeport Park District, City of Freeport, YMCA, Rockford Road Runners, United Way and the other organizers and officials of this running/walking event.

SIGNATURE \_\_\_\_\_ Date: \_\_\_\_\_